

Welcome to Worship at Una

September 15, 2019

Elders: Robert Beard, Bill Eads, Mauricio Funes, Johnny Mitchell, Ralph Mitchell, Bob Turner

Minister: Dr. Adam Tune
Worship Leader: Adam Medley

As we enter the season where we return to school, football begins, and the leaves prepare to fall, we also notice that it's the time of year where many groups organize 5k runs to benefit their organizations. Just this past weekend, there were at least twelve 5k runs in Davidson, Wilson, and Williamson counties alone! I always find these events to be fun and inspiring.

They call our attention to worthy causes, and they motivate us to step outside and physically move towards something worthy of an accomplishment.

The metaphor of life as a race has always been one used to motivate others, and there are plenty of anecdotes to remind us of life's journey: "Get up and dust yourself off," "Run your own race," "Never quit," "Life's a marathon not a sprint." All of these help us to see our own lives in a way that inspires us to keep going.

The idea of "running the race" is one of the most common metaphors in the Bible.

But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. (Isaiah 40:31)

"If you have raced with humans on foot and they have worn you out, how can you compete with horses? If you stumble in safe country, how will you manage in the thickets by the Jordan?" (Jeremiah 12:5)

I have fought the good fight, I have finished the race, I have kept the faith. (2 Timothy 4:7)

You were running a good race. Who cut in on you to keep you from obeying the truth?" (Galatians 5:7)

Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. (1 Corinthians 9:24)

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us. (Hebrews 12:1)

Everything in life is a race...especially faith. I hope that we continue to train ourselves to run better and longer than we did before. I hope we are training and planning for the life that we intend to live after this one. And I hope above all that we keep our eyes focused on the one who taught us how to run.

Love you all,
Adam

CHILDREN'S CHURCH

We have Children's Church during our morning worship service.
We will announce when it is time for the children to be dismissed.
Our Volunteers this week are Sue Rosinbum and Will Burrus.

There is a nursery out the door to your right and through the Fellowship Hall.

Privileged to Serve

Sunday AM

Worship Leader: Adam Medley

Opening Prayer: John Green

Communion & Contribution

Hebrews 6:13-20

Matthew Henry

Scripture: Luke Green

Sermon: Adam Tune

Closing Prayer: Bob Turner

Sunday PM

Worship Leader: Adam Medley

Communion: Dale Roberts

Closing: T. Whitworth

Attendance 09/08/19 - 331

Contribution: \$8,235

September Food Committee

Coordinator : Betty Addington, Carol Johnson

Cooks: Betty Eads, Belvia Pruitt, Karen Sawyer



See Bob or Marcy if you can help with our Church Security! No experience needed!

Prayer Request

Ken Adcock, Janet Andrews, Mary Boucher, Doris Bussell, Ann Carter, Ivon Claud, Doris Copeland, Russell Cox, Edith Eakin, Judy Frizzell, Corrine Gedelman, Daniel Green, Mom Danielle and baby Juniper, Larry and Regina Helton, Mary Hopper, Carla McCord, Rebecca Meek, James Mingle, Wallace Primm, Pete Rieschick, Scott Sawyer, Angie Scott, Shirley Scott, Doug Smith, Mark Stephens, Debbie Taylor, Mattie Ward, Barbara Watson, Mindy Wilson, Audrey Wyant

Food Pantry

Our Food Pantry has been hit pretty hard lately. We have quite a few items that are almost depleted. Here is a list of items that we need. If you are out shopping and can help with this, please do what you can. Everything is appreciated.

Cereal
Crackers
Minute Rice
Soups
Canned Chicken
Canned Tuna
Peanut Butter

Wednesday Night Meals

This week's dinner is Sautéed Skillet Chicken, Rice, Salad and Dessert.

Don't forget to sign up today if you plan to be here Wednesday evening to eat.



**Sunday
September 22**

Evening service will be held at 4:30 next Sunday. Fish Fry Dinner is to follow.

The fish is provided, you need to sign up to bring sides and desserts.

Fish Fry Sign up sheets are out the door to your right on the big White Bulletin Board.

We appreciate our Una fishermen who provide the fish for us!

TO
everything
THERE IS A SEASON
AND A
TIME TO EVERY
PURPOSE
UNDER
Heaven
ECCLESIASTES 3:1