Una Church of Christ

January 13, 2019

Elders:

Robert Beard, Bill Eads, Johnny Mitchell, Ralph Mitchell, Bob Turner

Minister: Dr. Adam Tune Worship Leader: Adam Medley

Children's Church is provided for children ages 3-10. We will let you know when it is time for your child to be dismissed for class. Volunteers this week are: Joy Webb, Judy Parsons, and Donna Mitchell. There is a nursery upstairs for your convenience.

Prayer Request

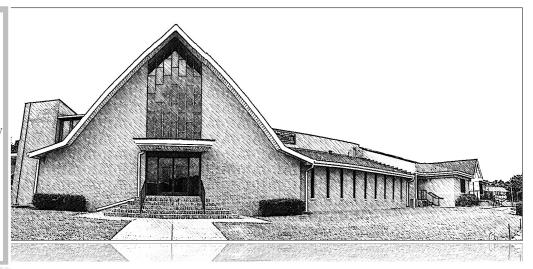
Please keep a very important date for the Smith family in your prayers. Joanna is scheduled for testing on her eye February 6th. She will be under anesthesia and the doctors will be ready for any necessary surgery at that time. Prayers are requested and needed for this specific testing and results.

Welcome New Member

Matthew Henry has expressed his desire to be recognized as a part of the Lord's family here at Una church of Christ. We are very excited to have him here as a part of this group of Christians.

His contact information is as follows:

3342 Oak Trees Court Antioch, 37013 256-603-5451 He has a birthday this month, January 22nd!



"Don't Believe Everything you Hear"

As a young boy, my dad spoke those words to me on numerous occasions. Sometimes it was because I had taken someone's opinion as fact. Sometimes it was because I believed in the world that was portrayed on TV. And sometimes it was because I allowed the beliefs of others to upset me. In all those cases, my father was attempting to remind me that the world I live in does not always present the truth; that I should not allow others to determine my own reality.

The writer of Psalm 120 came to the same conclusion:

"I call on the Lord in my distress, and he answers me. Save me, O LORD, from lying lips and from deceitful tongues." (Psalm 120:1-2)

The Psalmist begins his song by acknowledging that he was in trouble. He had believed a lie and had only recently discovered that what he had been told or what he had seen was no longer something to be invested in. And wisely, he does the only thing that he knows—he turns to God.

When we think about the idea of repentance, it is basically a turning away from the lies we have believed and a turning towards a God who is both true and truthful. Repentance is always the first word in the Christian life. When John the Baptist preached, it was a simple message: "Repent, for the kingdom of heaven is near" (Matt 3:2). When Jesus began touring the countryside, his sermons began the same way: "Repent, for the kingdom of heaven is near" (Matt 4:17). When Peter preached his first sermon, it too began in the same way: "Repent, and be baptized" (Acts 2:38). And in the last book of the Bible, the message to the seventh church has not changed: "be zealous and repent" (Rev 3:19).

Repentance is not an emotion; it's not a feeling that we have when we have done wrong. Repentance is a decision. It is deciding that we have been lied to and that we ourselves are wrong. It is deciding that we cannot believe anyone or anything that promises us strength and security in this world. And it is also a decision to only trust God and to realize that what he offers can only be given by him.

At the end of the Psalm, the writer is still struggling with the decision that he has made, and he thinks that he will never be able to escape them. He thinks that he's stuck where he is and that there is no way out (Ps 120:5-6). In fact, the psalm ends in the 7^{th} verse with a sense of hopelessness. It's almost as if the writer never got to finish the song.

But maybe it was intentional. Maybe we are supposed to read those words and feel what he felt, and to make our own decision about how to end our own songs. Maybe Psalm 120 is not just a reminder not to believe everything we hear...maybe it's an invitation for the readers and listeners to decide for themselves who it is we are going to listen to. Love you all, Adam

Privileged to Serve

Sunday AM

Worship Leader: Adam Medley Opening Prayer: John Green Communion & Contribution:

Matthew 27:45-54 Johnny Mitchell

Read Scripture: Luke Green

1 Peter 2: 1-3

Sermon: Adam Tune

'Balance'

Prayer: Roy Hunt

Sunday PM

Worship Leader: Adam Medley Opening Prayer: Ron Cole Communion: Don Webb

Closing: Robert Beard

Attendance 01/06/2019 - 298

Contribution: \$8,498

Prayer List

Ken Adcock, James Beck, Tommy Bolden, Mary Boucher, Doris Bussell, Ivon Claud, Doris Copeland, Paula Douglas, Debbie Duke, Edith Eakin, Billy and Faye Greenfield, Sara Leftrick, Bryan Mitchell, Donna Mitchell, Wallace Primm, Ronnie Parks, Pete Rieschick, Scott Sawyer, Angie Scott, Jane Towery, Mattie Ward, Mindy Wilson



JOHN 14:6

Youth Group

Winterfest is Feb. 15-17, if you would like to go, please let John or Jennifer know TODAY.

The cost is only \$25, that covers your ticket and hotel room. We will leave at 10:00 a.m., which is a school day, so plan accordingly.

Remember in Prayer

Rebecca Meek is in St. Thomas Midtown in room 6135. She is making improvement. Please continue to remember her recovery in your prayers.

3422 Mt. View Circle Antioch, 37013

Remember Wallace Primm as he continues to recover at home from foot surgery.

327 Melvin Jones Nashville, 37217

Please remember former member Jo Childs. She is having health problems and not doing very well.

6024 Hagers Grove Pass Hermitage, TN 37076

Food Pantry Item

The holidays took a toll on our food pantry. We are very low on several items. Here is a list of immediate needs we have. If you are able to help with this, please drop your food items off in one of the white food boxes. We need: Chili, Peanut Butter, Canned Tuna and/or Canned Chicken, boxed Macaroni and Cheese and boxes of Cereal.

Thank You

Dear Church, Thank you for all the prayers, calls, visits and food. You are the best! Everyone has been so nice to me.

This totally blindsided me but with your prayers I am over the worst of it.

Love, Doris Bussell

January Food Committee

Coordinator: Jennifer Green

Cooks: Doris Bussell, Sue Duncan, Carol Johnson, Fay Primm, Jackie Roberts